

PE Long Term Plan 2022 – 2023

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<ul style="list-style-type: none"> Intro to PE Unit 1 	<ul style="list-style-type: none"> Dance Unit 1 	<ul style="list-style-type: none"> Fundamentals Unit 1 	<ul style="list-style-type: none"> Gymnastics Unit 1 	<ul style="list-style-type: none"> Ball Skills Unit 1 	<ul style="list-style-type: none"> Games Unit 1
Reception	<ul style="list-style-type: none"> Swimming 	<ul style="list-style-type: none"> Dance Unit 2 	<ul style="list-style-type: none"> Fundamentals Unit 2 	<ul style="list-style-type: none"> Gymnastics Unit 2 	<ul style="list-style-type: none"> Ball Skills Unit 2 	<ul style="list-style-type: none"> Games Unit 2
Year 1	<ul style="list-style-type: none"> Fundamentals Unit 3 Gymnastics Unit 3 	<ul style="list-style-type: none"> Dance Unit 3 Target Games Unit 1 	<ul style="list-style-type: none"> Fitness Unit 1 Yoga Unit 1 	<ul style="list-style-type: none"> Ball Skills Unit 1 Teambuilding Unit 1 	<ul style="list-style-type: none"> Athletics Unit 1 Striking and Fielding Unit 1 	<ul style="list-style-type: none"> Net and Wall Unit 1 Invasion Unit 1
Year 2	<ul style="list-style-type: none"> Fundamentals Unit 4 Swimming Beginners 	<ul style="list-style-type: none"> Dance Unit 4 Gymnastics Unit 4 	<ul style="list-style-type: none"> Fitness Unit 2 Yoga Unit 2 	<ul style="list-style-type: none"> Ball Skills Unit 2 Teambuilding Unit 2 	<ul style="list-style-type: none"> Athletics Unit 2 Striking and Fielding Unit 2 	<ul style="list-style-type: none"> Net and Wall Unit 2 Invasion Unit 2